

For Tribal Chiefs and Fluff and Feather Coordinators



# The Fluff and Feather Awards Program

**- What Is It?**

**- How To Get It Going In Your Tribe!**

## What Is It?

The Fluff and Feather awards program is designed to bring children and dads closer together by working together to accomplish various goals. Each goal allows the child to obtain both satisfaction and recognition for reaching the goal. Along the way, Guides and Princesses learn valuable lessons about responsibility, persistence, goal-setting, planning, etc.

The goals are divided generally into the following categories:

- Activities with Dad
- Activities done alone by the Guide/Princess
- Activities done with the tribe
- Activities done with the Federation
- Miscellaneous activities

Everyone receives a list of approximately 100 tasks or activities which can be used as the framework for the program. You may add your own activities as individuals and/or tribes desire. There are no rules about what makes a good or suitable task or activity.

The goal is for each Guide/Princess to accomplish 50 tasks/activities prior to the Spring Camp weekend of his or her last year in Indian Guides. If a Guide or Princess successfully accomplishes 50 tasks/activities prior to Spring Camp, he or she will be awarded a personalized plaque of achievement at a special ceremony. Additionally, he or she may paint his or her lancehead gold, in recognition of the accomplishment.

## How to get the program going in your tribe!

1. Appoint one Dad to be the Fluff and Feather coordinator for your tribe. This person uses this form (or a form of their own choosing) to keep track of each tribe member's accomplishments.
2. Distribute the list of tasks/activities to each Dad and Guide/Princess, and exhort them to begin to earn fluffs and feathers.
3. Periodically, Guides/Princesses inform the tribal coordinator of their accomplishments, and request the proper fluff and feather combinations. You may use the suggested form, or you may come up with one of your own.
4. The tribal coordinator or tribal Chief obtains all of the fluffs and feathers for the tribe at the monthly Longhouse meetings.
5. At your next tribal meetings, Guides/Princesses are ceremoniously awarded their fluffs and feathers, and congratulated on their achievements. See the sample award.
6. Fluffs and feathers are glued together, and are attached to the Guide/Princess lance.

The tribal coordinator can track activity month by month, and year by year. There may be some times when a renewed push may be necessary to get the program on track. But in some tribes, Guides and Princesses earn Fluffs and Feathers faster than they can be assembled and attached to lances!

Many tribes designate one meeting per month as a "lance" meeting. Guides and Princesses should bring their lances to these meetings, and proudly display their new feathers and ornate lances.

There is no charge for this program. The YMCA supplies the lance, all fluffs and feathers, and the recognition plaque. Dads and Guides/Princesses supply the lance head and all lance decorations.

*See inside for a Tracking Form you can use to track the activity of your tribe.  
See the back page for suggestions about making your lance and making and attaching feathers.*



Guide/Princess Names >

11	Do a magic trick for the tribe	Red	White/black
12	Name the 9 planets & position from the sun	Red	Blue/green
13	Tell tribe meaning of symbols on headband	Orange	Blue/green
14	Recite purpose/slogan of the Indian Princesses	Orange	White/orange
15	Recite 6 Aims of the Indian Princess program	Orange	Blue/red
16	Prepare the invitations to a tribe meeting	Blue	Green/yellow
17	Recite Indian names for tribe members/from memory	Blue	Green/white
18	Make an Indian Tomhawk/show to tribe	Blue	Yellow/white
19	Make Indian Shield/show to tribe	Red	Black/orange
20	Demonstrate a craft project at tribal meeting	Yellow	White/black

SET #4 - Activities with the Nation

Feather

Fluff

1	Attend Recruitment night	Turquoise	Yellow/white
2	Attend Fall Movie Night	Green	Turquoise/Blue
3	Attend Fall Camp	Blue	Black/Blue
4	Attend Y Indian games	Red	White/Blue
5	Attend Whale Watching Event	Yellow	Orange/White
6	Attend Negative Tide Hike Event	Green	Turquoise/Red
7	Attend Snow/Winter camp	Blue	White/Turquoise
8	Attend Roller Skating Event	Red	White/Black
9	Attend a Rocket Launch	Yellow	Yellow/white
10	Attend Spring Camp	Turquoise	Turquoise/Blue
11	Attend the Bowling event	Green	Black/Blue
12	Attend the Bike Rodeo	Turquoise	White/Blue
13	Attend the Square Dance	Green	Orange/White
14	Attend Dodger Game	Blue	Turquoise/Red
15	Attend Pancake Carnival	Red	White/Turquoise
16	Attend a Longhouse Meeting	Yellow	White/Black
17	Do a skit at Winter Camp	Green	Turquoise/Yellow
18	Do your tribal chant at a Federation event	Blue	White/Blue

SET #5 - Miscellaneous

Feather

Fluff

1	Make an Indian utensil, container, teepee	choice	choice
2	Make and then shoot a bow and arrow	choice	choice
3	Use a compass properly	choice	choice
4	Learn to tell time on a regular watch	choice	choice
5	Write a thank you card to anyone	choice	choice
6	Prepare you own school lunch	choice	choice
7	Sew a button on a piece of clothing	choice	choice
8	Use the internet to learn something worthwhile	choice	choice
9	Take a five mile bike ride	choice	choice
10	Take recyclable trash to the recycle machine	choice	choice
11	Perform a magic trick	choice	choice
12	Learn how to fold the American flag properly	choice	choice
13	Get your own library card and check out a book	choice	choice
14	Point to and recite the names of all continents	choice	choice
15	Name six states and their capitals	choice	choice
16	Make a plaster cast of animal tracks	choice	choice
17	Saw a 2x4 in half and nail it together	choice	choice
18	Make something out of clay	choice	choice
19	Repair a mechanical item	choice	choice
20	Do a proper cartwheel or handstand	choice	choice

SET #6 - Your Own Additions

Feather

Fluff

1			
2			
3			
4			
5			
6			
7			
8			
9			



## Making your lance.

The YMCA furnishes your lance. Dads and Guides/Princesses are responsible for making the lance head, for devising some way of attaching feathers, and for overall decorations, which may be as simple or elaborate as you desire.

For a lance head, a piece of wood can be carved or shaved into an arrow, or any other shape. It can be nailed, glued, screwed, taped, or bubble gummed to the lance. The lance head can be painted or decorated in any color other than gold, which is reserved for Guides and Princesses who successfully accomplish 50 tasks prior to the end of their Indian Guides experience.

Over time, you will need to attach 50 feathers, plus various other things to your lance. For this purpose, many lances incorporate a strip of leather with holes punched along the edge for attaching feathers. Some lances feature fabric with a lace edge, to which feathers on leather cord can be attached. You may devise any method for attaching feathers to your lance.

## Putting together and attaching fluffs and feathers.

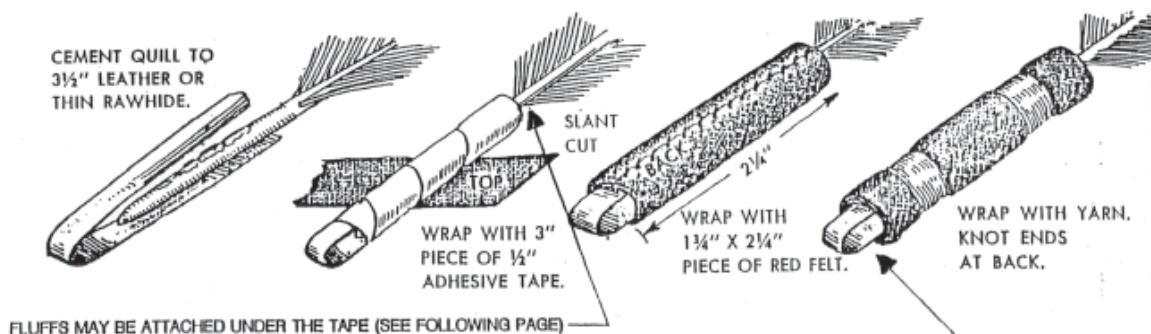
Most fluffs and feathers are constructed with one color fluff glued at the quill tip of the feather, and the other color fluff glued more towards the bushy end of the feather. However, you may affix your fluffs to your feathers in any manner that suits you. Any type of glue (Elmers, hot glue) works for this purpose.

In order to attach completed fluff/feather combinations to your lance, most glue a piece of cord, or leather, or shoelace to the quill tip end of the feather. (Use something stringy that will go through the holes on the leather or fabric which is attached to your lance.) If you lay the cord or leather along the quill itself, you can use glue to attach it. Hot glue seems to work well for this, as it dries quickly. Or if you cut the tip of the feather off, you squirt some glue inside and then insert the leather cord up inside the feather itself. This works great!

Once it is dry, poke the cord through the hole in the leather strip which is on your lance, and tie it off, or use a bead to make sure it won't slip back through the hole.

## Below...

Below is the method of wrapping feathers suggested in the YMCA guide book. Many of us Dads have attempted this elaborate method, and ended up opting for a simpler approach. But we include it here for those of you who are handy.



### IN ORDER TO ATTACH FEATHER TO LANCE:

1. OBTAIN A PIECE OF LACE (OR LEATHER STRIP) LONG ENOUGH FOR YOU TO WORK WITH.
2. PLACE ONE END OF THE LACE THROUGH THE END OF THE PREPARED FEATHER.
3. WITH THE PREPARED FEATHER ALREADY ON THE LACE, TIE THE LACE THROUGH 2 HOLES ON THE RED FELT FEATHER HOLDER WHICH YOU PREVIOUSLY ATTACHED TO THE LANCE.